

Wellness Committee  
July 24, 2008 2:00 pm

Members Present: Barb Weingart, Nancy Walker, Judy McCord, Jen Harp, Ellen Gerould, Ann Gollnitz, Kathy Archer and Tina Winslow

Barb Weingart reported that due to the audit results, the money from the Wellness Committee and the Rainbows had to be combined into one account. The money in this account has to be used up by June 30, 2009. There is approximately \$2,300.

Mrs. Weingart needs volunteers for:

- To create a PowerPoint Presentation for opening day on the Wellness Policy
- Distribute the Nutrition Nuggets newsletter to Jen Osborne-Coy for the Website, YWCA and Library
- Look for speakers to come to the school and speak on health issues

Ann Gollnitz suggested that we give out stickers the first three days of school to the primary students. Jenn Harp will shop for stickers. Mrs. Harp mentioned that she had pencils and bookmarkers that were given out at the SHACC meeting that could be distributed to students. Kathy Archer suggested that once a week it would be nice to put an announcement out in regards to fitness or healthy eating. Mrs. Harp suggested coming up with an incentive to purchase food from the new vending machine such as placing a sticker on the item and the student/customer would see Mr. Meegan or Mrs. Anderson for their prize (i.e. T-shirt).

Mrs. Weingart will speak with the new cafeteria manager about the Wellness Committee purchasing posters to hang up in the cafeterias. Money will be needed for the "Fun to be Fit" program for the 2nd graders for their food. Also, the 4th grade may need money for transportation to Wegmans.

Tina Winslow and Ann Gollnitz will get together to create a PowerPoint presentation on the Wellness Policy for Opening Day.

Kathy Archer suggested to place brochures out front by the reception area for fitness and healthy eating suggestions from area organizations.

Mrs. McCord will email the staff with an attachment on healthy snacks and suggestions for fundraisers.

It was suggested that for the January inservice day to buy wraps and have staff bring a healthy dish to pass for lunch.

Mrs. Weingart will forward Rochester Schools' Wellness Policy to the Committee Members. The current policy will be reviewed at the September 9th meeting along with the Rochester Schools' Wellness Policy.