

April 8, 2008

Attendees: Jennifer Harp, Wendy Wilson, Clara Winkelman, Judy McCord, Nancy Walker, Ellen Gerould, Mark Sissel, Barb Weingart, Ann Gollnitz, Tina Winslow, DJ Abele, Katlin Hunt, Laura Imm

Next meeting will be May 6 at 3:30 pm – Location: TBA

Barb Weingart talked about a program through Univera, “Fun to be Fit” Grades 2-4 next year? Some of the activities will be:

2nd grade taste testing – recipe cards will be given to the students to take home, given plastic apron to take home.

3rd Grade – students receive a backpack, a physical trainer will work with the students for 45 minutes (after 35 minutes, the instructor will talk with students), the students will receive a workbook, grocery note pad, stop watch and a portion plate.

4th Grade – We have to cover the cost of the bus with chaperones but the students would have a 90 minute shopping tour at Wegman's, food samples will be given and they will have a scavenger hunt for the students, each student will receive a bag of groceries to take home;

There are about 350 schools participating. Silver Creek and Chautauqua Lake will be participating next year.

Jennifer Harp and Judy McCord participated in the Regional SHAC Meeting on April 4, 2008. Mrs. Harp handed out notes from the meeting and reviewed the highlights with the committee. Some of the highlights were:

- Dr. Susan Baldwin from Buffalo State College has received a large grant to evaluate rural/urban schools. This grant could fund a 1/2 or full time position. If interested, Dr. Baldwin must be contacted ASAP at 716-878-6503, email at baldwism@buffalostate.edu.
- Dr. Berke, Chautauqua County Health Commissioner spoke about some of the issues our county is dealing with in regards to students. Some of the key issues are: teen pregnancy rates that are rising again, drug use (including prescription drugs), STD's and Obesity/Exercise/Childhood Diabetes. The county has programs to help schools and wellness committees. May contact Torey Peterson.
- Jamestown had a wonderful in-service on Action Based Learning. It costs \$3700 for the day. Linda Finn is working toward bringing her in for a regional training in the fall through BOCES.

- Greg Edwards, County Executive also spoke. He is a supporter of Steps to a Healthier New York. See the Chautauqua County website for his “Monday Morning Memo’s”.
- Westfield was the recipient of the grant for the healthy vending machine.
- Showcase awards were given for presentations on local Wellness Committee activities this year. Westfield won the district award, which was a set of 15 pedometers.
- Bike to Work week is May 12 – May 16
- Linda Finn at Erie 2 BOCES has a library of materials that schools can borrow. (i.e. Super-Size Me, My Portion)
- Chautauqua Lake has tracked their BMIs for the last three years and has noticed a decrease in students in the top percentage of BMIs.

We need a volunteer to write letters to organizations asking for their donations towards the Healthy Vending Machine. We have been notified that the WWO and Parent Connection are willing to donate funds. The vending machine has to be ordered and paid for by the end of June. It was suggested to contact Michelle Alonge at Chautauqua Lake to find out how they stock their vending machine. Ann Gollnitz will write the letters, Judy will contact Chautauqua Lake and Clara Winkelman will work with Judy McCord.

The Ad Hoc Cafeteria Committee met. Kathy Archer is the Chairperson. One committee is working on the job description and another committee formed to work on shared services/contract services.

The School Health Index is just about complete and after completed, we will receive \$250.

Kim Griner is still willing to offer her services.

May 10 is the Spring into Wellness Walk/Run. This is a 4 week challenge. On May 10, it should be over by 10:00 – 10:30. The participants will be starting from Welch Field. The poster for the Walk/Run is supposed to be finished today by one of our students, Mike Fusco. Publicity for the Walk/Run will be Jennifer Osborne-Coy and Nancy Walker. Mrs. Walker has a list of places to place the posters. Clara Winkelman has oyster crackers and pretzels donated by Maplevale Farms. She also has apples donated as well. Welch’s is supplying grape juice and some literature. An email will be sent out after break in regards to the Walk/Run and handouts will be given to the students after break.